


SHRI RAM COLLEGE, MUZAFFARNAGAR
DEPARTMENT OF PHYSICAL EDUCATION
B.P.Ed 1st Year (18-19)

PC-101	Track and Field (Running & Jumping Events.	30	70	100
PC-102	Swimming/Gymnastics/Shooting (Any one)	30	70	100
PC-103	Yoga/Aerobics (Any one)	30	70	100
PC-104	Indigenous Sports: Kabaddi / Malkhambh/ Kho Kho etc.	30	70	100
	(Any one)			
PC-105	Mass Demonstration Activities: March past / Dumbbells / Tipri / Wands/ Lezim /	30	70	100
PC-106	Racket Sports: Badminton/ Table Tennis/Squash/ Lawn Tennis. (Any one)	30	70	100
TP - 101	Teaching Lesson	30	70	100
	Class Room Teaching (05lessons)			
TP - 102	Teaching Lesson	30	70	100
	a. General LessonPlan (05lessons)			
	b. Lessons in outdoor Sports & Game activities (05lessons)			

List of Participants in Practical

S. No.	Name	Father's Name
1	AASHIQ ABBAS	RAHMAT ALI
2	AMREEN CHOUDHARY	MOH. FARUKH
3	ANKUR KUMAR	ROSHAN LAL
4	ASTIK KUMAR	SAHENDERA PAL
5	BHAWNA YADAV	CHANDAN SINGH YADAV
6	CHAUDHARY UDIT	GAJENDRA SINGH
7	DATA RAM	PRABHA SHANKAR
8	DEEPA	MAHENDRA SAINI
9	DEEPA SHAMRA	HARIOM
10	ISHANT SAHU	AJAY KUMAR SAHU
11	JYOTIKA KUSHWAHA	RAKESH KUSHWAHA
12	KALPNA	HARIDAS


 Co-ordinator
 IQAC, Shri Ram College,
 Muzaffarnagar


 Principal
 Shri Ram College
 Muzaffarnagar

13	KM LALITA DEVI	JUMMAN PAL
14	KM POOJA RANI	NANAK CHAND
15	KM SAKSHI CHOUDHARY	MOHAN PAL
16	LAVI RANI	ANIL KUMAR
17	MANOJ KUMAR	BHOPAL SINGH
18	MUNTAZIR MENHDI HASAN	JARGAM ALI
19	PINKI	RAJ KUMAR
20	PRINCE	AJAY PAL MAVI
21	RAHUL KUMAR	DINESH KUMAR
22	RAKESH KUMAR	SHOPRASAD
23	SACHIN KUMAR	NANU RAM
24	SHAILENDRA	BUDDH LAL
25	SHIVAM	RAVI SHANKAR


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